



Areas of study	EYFS	Y1	Y2	Y3	Y4	Y5	Y6
<b>Relationships Education</b>	<p>Communicate feelings appropriately to others and recognise how others show feelings.</p> <p>Know how to be a kind friend and patient turn taking.</p> <p>Know how to listen to others.</p> <p>Personal safety. Understand PANTS rules.</p>	<p>Know what physical contact is acceptable and unacceptable and how to respond.</p> <p>Know that families give love and security and friends can help us and enhance our lives.</p> <p>Learn about what is fair and unfair and how we can make good decisions.</p> <p>Personal safety. Understand PANTS rules.</p>	<p>Learn about commitment and importance of spending time with others and how we can use our manners and courtesy</p> <p>Learn how to resist teasing and bullying, if they experience or witness it, whom to go to and how to get help.</p> <p>Understand how to keep safe and assess risks.</p> <p>Personal safety. Understand PANTS rules.</p>	<p>Know families come in all sorts of different variations.</p> <p>Understand what a stereotype is and how stereotypes can be unfair, negative or destructive.</p> <p>Online safety. Understand how to keep themselves safe online.</p> <p>Ability to share opinions on things that matter to them and explain views through discussions with peers and the whole class</p> <p>Personal safety. Understand PANTS rules.</p>	<p>Know about the concept and legally recognised marriage.</p> <p>Understand the importance of self-respect and how this links to their own happiness and confidence.</p> <p>Online safety. Know that people sometimes behave differently online, including by pretending to be someone they are not</p> <p>Personal safety. Understand PANTS rules.</p>	<p>Recognise if family relationships are making them feel unhappy or unsafe. Understand how to seek help or advice.</p> <p>Know how to recognise and report feelings of being unsafe or feeling bad about any adult.</p> <p>Understand the importance of respecting others, even when they are different from them</p> <p>Know how to evaluate online friendships and sources of information including awareness of the risks associated with people never met.</p> <p>Sex Education. Understand changes in puberty.</p>	<p>Understand how to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from.</p> <p>Learn about the concept of privacy and the implications of it for both children and adults; including that, it is not always right to keep secrets if they relate to being safe.</p> <p>Learn that marriage/civil partnership is a commitment freely entered into by both people.</p> <p>Sex Education. Understand changes in puberty. Identification of different body parts including genitalia and understanding of reproduction process.</p>



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<b>Health Education</b>	<p>Understand how some diseases are spread and can be controlled.</p> <p>Manage self-care, toileting and own basic hygiene including washing hands and using tissue. Learn the importance of, and how to maintain, personal hygiene.</p> <p>Understand the importance of dental health and hygiene.</p>	<p>Understand how to control emotions such as anger through a calming/peaceful focus and breathing mindfulness.</p> <p>Consolidate understanding of the importance of dental health and hygiene.</p> <p>Know rules for and ways of keeping physically and emotionally safe –including road safety and the difference between secrets and surprises.</p>	<p>Understand the importance of good quality sleep as it can affect weight, mood and ability to learn.</p> <p>Understand that household products, including medicines, can be harmful if swallowed or touched.</p> <p>Learn how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings.</p>	<p>Respect personal space. Understand that our body belongs us. Know where to get advice when needed from school.</p> <p>Learn about the NHS 5 Ways to wellbeing and how these link to and can affect our mental wellbeing</p> <p>Know about all the emergency services and how to contact them.</p> <p>Learn safe and unsafe exposure to the sun.</p> <p>Continue to learn about the importance of teeth and the role they play in nutrition.</p>	<p>Consolidate knowledge around 5 Ways to Wellbeing</p> <p>Understand how to contact Fire, Ambulance or Police services.</p> <p>Continue to address how to recognise and talk about their emotions.</p> <p>Understand how to access the NSPCC, helpline and services.</p> <p>Know the importance of healthy eating for energy and nutritional balance.</p> <p>Know about the benefits of physical exercise, time outdoors, community Participation in physical and mental wellbeing activities.</p>	<p>Identify ways to maintain health and fitness.</p> <p>Know that it is common for people to experience mental ill health. Understand that for many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough.</p> <p>Learn about harmful substances (including smoking and alcohol) and their risks. Understand the law with relation to harmful substances.</p> <p>Be able to make healthy choices regarding food and lifestyles. Understand the importance of rest, time spent with friends and benefits of hobbies.</p> <p>Identify changes in the body.</p> <p>Understand some changes that occur during Puberty.</p> <p>Understand the risks of disease and obesity and the warning signs.</p>	<p>Consolidate understanding about harmful substances (including tobacco and alcohol) and their risks.</p> <p>Understand that physical health and mental wellbeing are interlinked and important.</p> <p>Understand that good physical health contributes to good mental wellbeing, and vice versa.</p> <p>Identify the characteristics of a poor diet and risks associated with unhealthy eating (including, for example, obesity and tooth decay).</p> <p>Recap of 5 ways to wellbeing and actions pupils can take to implement and use as a tool going forwards.</p> <p>Prepare for Secondary school transition and staying healthy and safe.</p> <p>Understand changes around Puberty (and menstrual cycle).</p> <p>Changes in peer group and peer pressure. How to stay resilient and respect values and choices.</p>



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<b>Citizenship</b>	<p>Listen to other people and play and work cooperatively.</p> <p>Show kindness towards a member of group.</p> <p>Identify differences and similarities</p>	<p>Begin to take responsibility for actions and accept consequences.</p> <p>Know right from wrong and what is fair and unfair</p> <p>Have some choices at school and in class</p>	<p>British Values and links to citizenship – Ability to name British Values and identify basic principles.</p> <p>Begin to know about how diverse our society can be, learning about differences and respect.</p>	<p>Become an active member of school.</p> <p>Begin to contribute to the school and local community.</p> <p>Begin to learn about parliament, democracy and our local MP.</p> <p>Recognise the main political parties.</p>	<p>Understand the rules of law, rules of school and how these keep everyone safe.</p> <p>Learn about our freedoms individual liberty and choice in society.</p> <p>Begin to understand the responsibilities and rule of law</p>	<p>Investigate the British values of tolerance and mutual respect.</p> <p>Continue to be an active member of the school and local community.</p> <p>Develop confidence and depth of knowledge about life choices and what kind of adult to be</p>	<p>Learn how to be a valuable citizen and lead a successful life.</p> <p>Show confidence about making decisions about what is right and wrong and how difference can be valued.</p> <p>Avoidance of taking any extreme views and extremism.</p> <p>Begin to understand the British voting system and democracy.</p> <p>Learn about the law around marriage and civil partnerships.</p>
<b>Personal Finance</b>	<p>Know the word 'Money' and investigate of 'coins' and their values.</p>	<p>Identify how money is used e.g. shopping/buying food. Investigate the concept of spending and saving.</p>	<p>Name and match money -coins and notes and use in a practical way.</p> <p>Show a good grasp of pounds and pence.</p>	<p>Start to understand what a 'budget' is and how adults for might budget for costs such as water and heating, clothes, food, holidays and other expenses.</p>	<p>Know what 'savings' are and how an 'interest' payment works in a savings accounts.</p> <p>Identify reasons for saving and spending money and discuss how people can 'earn' money.</p>	<p>Know that when we borrow money for different reasons that there is a cost or fee in terms of interest rate paid to lender.</p> <p>Develop ideas about interest payments and work out how this affects payments over different time.</p>	<p>Demonstrate increasing confidence with personal finance.</p> <p>Develop understanding of loans, interest, mortgage, savings and concept of 'Pension' and 'Tax'.</p> <p>Investigate what age state retirement is</p> <p>Look at rates of income tax and national insurance. Apply this to potential careers, 'salary' projections, and lifestyle choices.</p>



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<b>Cross-curricular links</b>	Links to early learning goals and EYFS Science (biology) Maths	Maths Physical Education Science (biology)	Christian Values Maths Science (biology)	Maths Christian Values Computing Science (biology)	PE and being active Maths Computing Science (biology).	RE and mutual respect/tolerance. Computing Science and the changing body (biology) Maths	Links to vocations and career planning. Science and the changing body (biology) RE and marriage in different faiths and relationships Maths